



Addiscombe Hockey Club
Junior Handbook
2023-2024

Location

Our training sessions and home matches will be at **Royal Russell School**, Coombe Lane, Croydon, CR0 5BX (please use postcode CR0 5RF in SatNavs). These take place on a Sunday.

The school is opposite the Coombe Lane tram stop towards the Gravel Hill end of Coombe Lane. Once inside the school park in the car park to the left of the barriers then walk down the main driveway past the swimming pool at which point you will see the sports pitches in front of you.

Our clubhouse is located at Addiscombe Hockey Club, Sandilands, Croydon, CR0 5DB.



Training Sessions

U8 Mixed
09:00 – 10:00

U10 Boys and U10 Girls
10:00 – 11:00

U12, U14 and U16 Girls
09:30 – 11:00

U12, U14 and U16 Boys
11:00 – 12:30

The first session will be on 17th September 2023 and the last on 24th March 2024. There will be no sessions on the following days:

- 22nd October (Half term)
- 24th and 31st December (Christmas)

In an event where we must cancel training due to weather or unforeseen circumstances, we will make everyone aware on the Teamo app.

Fees:

The membership fees are as follows:

U8 – U12 Boys & Girls

£100.00

This includes all Sunday training sessions, coaching & fixtures

U14 – U16 Boys & Girls

£120.00

This includes all Sunday training sessions, coaching, fixtures as well as invitation to senior training at Royal Russell School.

Senior ladies' training is 7.00-9.00pm Tuesday and senior men's training is 7.30-9.30pm Wednesday.

We offer a sibling discount of £10 per additional child in the same family (not including the first child which will need to be paid in full).

Payment should be made by bank transfer before the 31st October to:

- Sort Code: 20-24-64
- Account No.: 40614092
- Account Name: Addiscombe HC (Juniors)

Junior members who are either training or playing in the senior section pay the Junior membership fee. They do not pay the junior rate membership in the senior section but do need to pay a match fees for each senior match they play.

Kit

All players must provide their own stick, shin pads and gum shields. Shin pads must be worn throughout and gum shields whilst playing games.

For those new to hockey, the club has a supply of sticks that can be borrowed during training sessions.

Most of the hockey in England is played during the Autumn/Winter months, so please ensure all children have waterproofs, hats, gloves etc. when necessary.

The club kit is:

- sky blue shirt
- black shorts/skorts/skirt
- sky blue socks

All kit except socks can be purchased from our supplier at this address <https://akumashops.com/addiscombehc/>

Akuma Addiscombe shop password: AHC

We would advise all members to invest in an Addiscombe Hockey Club playing shirt which can be worn to all fixtures and training if required. **Individual player numbers can only be allocated by the club**, so please speak to your coach for more details so a number can be obtained.

Branded non-playing kit (eg hoodies) can also be purchased from the Akuma Addiscombe website, and if you do purchase kit, please ensure it is clearly labelled with the child's name.

Socks can be purchased directly from the hockey club. Please speak to your coach for details.

Contacts

Chair of Junior Section Gail Oubridge 07720 062009 addiscombe.juniors@gmail.com

If there is an issue which is not being managed quickly the following officers of the senior club may be contacted:

Chairman Tom Nixon 07983 621703 tomahawk_495@hotmail.com
Welfare Officer Phil Wise 07891 864426 addiscombe.juniors@gmail.com

Teamo App

The Junior section has invested in using a sport communication app (Teamo) which is used to advise on fixtures and training, social events, chat with coaches and provide instant conversation between coaches and parents.

Please download Teamo app via the Apple Store or Play Store.

Website

The club website is www.addiscombehockey.co.uk

Please regularly check the website for ongoing information throughout the season.

Teams and Matches

In junior club hockey, teams are based on age as at 31 August and with teams at:

- Under 8 (school years 2 and 3)
- Under 10 (years 4 and 5)
- Under 12 (years 6 and 7)
- Under 14 (years 8 and 9)
- Under 16 (years 10 & 11)
- Under 18 (years 12 & 13)

Up to Under 12 all fixtures other than the County Tournament are festivals and are designed more as a learning experience than out and out competition. Where there are too many players for a single team, and we are unable to enter more than one team, selection will be on a rotation basis rather than just selecting the best team each time.

Volunteering for the Junior Section

Over the next few years, the plan is to continually recruit people who are willing to help with the Addiscombe Junior section as it continues to grow. If you are interested in assisting at any level, please contact Gail Oubridge. We would welcome more coaches to ensure we have sufficient coverage for all sessions.

We also rely on our wonderful junior coaches, so if you have a child who would like to help out with the coaching drills, demonstrate specific skills or just encourage the younger members of the section whilst they get the hang of hockey – please let us know. These coaching skills can be used for Duke of Edinburgh or UCAS submissions.

As these roles are voluntary, they can be tailored to what the volunteer is able or willing to do.

Future Plans

For 2023-24 we want to:

- continue to be the largest provider of junior hockey in the borough
- continue recruitment across all schools and year groups within the borough
- expand the number of players at U8 and U10
- have viable squads at U14 and U16 for our girls
- increase usage of Clubhouse on Sundays

To achieve our goals, we need more players.

Despite the internet the best form of recruitment is still word of mouth. So please encourage your children to bring along any friends – the more the merrier and the more we can achieve.

We will be holding a “Bring a Buddy” day in the first half of the season to help facilitate this.



Addiscombe Hockey Club – England Hockey Affiliation

Safeguarding Standards

At Addiscombe Hockey Club we have chosen to follow and adopt England Hockey Safeguarding Policies and Guidance (**SafeD**) - <http://www.englishockey.co.uk/page.asp?section=1168>

Our Welfare Officer: Phil Wise - 07891 864426

England Hockey reporting procedures can be found on their website using the above link.

Alternatively, if you have any immediate concerns, please contact England Hockey Ethics & Welfare Team:

Alison Hogg – to report a safeguarding concern

Phone: 01628 897500

Email: alison.hogg@englishockey.co.uk

Stuart Thomas - Disclosure & Barring Service (DBS) queries

Phone: 01628 897516

Email: Stuart.Thomas@englishockey.co.uk

For general safeguarding enquiries

Email: Safeguarding@englishockey.co.uk